

Parking and Registration

Valet Parking (\$7.00) is available at the hospital Main Entrance off University Blvd.

Self-Parking is available at the Women and Children's Center Deck across from the Main Entrance. There is a covered crosswalk on Level I that connects to the Main Hospital. Charges are \$4.00 for 2-24 hours.

You will need to arrive at the hospital one (1) hour prior to your procedure.

Register at the GI Lab on the 2nd Floor of the Main Hospital.

Please have the following available:

Patient Name

Date of Birth

Social Security Number

Current Address

Next of Kin

Insurance Information

Retirement Date

Medications Taken Regularly

Known Allergies

If you do not have insurance or if you have questions regarding billing & payment, contact our office.



Alabama
Digestive
Diseases

St. Vincent's—Birmingham

St. Vincent's Professional Building #1
2660 10th Avenue South, Suite 610
Birmingham, AL 35205
(205) 933-2691

RICHARD T. MCGLAUGHLIN, M.D.

Endoscopy at St. Vincent's

Please read all of these instructions as well as your Prep Instructions carefully before beginning your prep.

Name_____

Date of Procedure_____/_____/_____

Arrival Time_____am/pm

Procedure Time_____am/pm

What is an Endoscopy?

Endoscopy is a test allowing the physician to examine the lining of the esophagus, stomach and upper portion of the small intestine.

The Endoscope is a lighted, flexible tube about 1/4 inch in diameter that is passed through the mouth looking for inflammation, ulcers, tumors, etc. Patients are sedated for the test.

Biopsies (small pieces of tissue) can be obtained during this examination. These are examined by a pathologist and a written report is sent to our office in two (2) days. Biopsies are taken for many reasons and do not necessarily mean cancer is suspected.

Complications of this examination are infrequent but may include bleeding, perforation, reaction to medications, heart/lung complications and other unpredictable events.

One Week Before Procedure

Discontinue Blood Thinners

You will likely need to stop the following blood thinners/anticoagulants prior to your procedure.

Contact your physician for approval before stopping any of these medications:

7 days—Plavix, Effient

5 days—Aspirin, Coumadin (Warfarin), Aggrenox

3 days—Pradaxa, Xarelto

Discontinue Iron-Containing Medications

Discontinue all iron-containing medications one week prior to your procedure.

Day of Procedure

- **You will need to arrive at the hospital one (1) hour prior to your procedure.**
- **DO NOT EAT OR DRINK AFTER MIDNIGHT.**
- Bring you morning medications and a list of all of your other medications with you.
- If you wear dentures, bridges, contact lenses or hearing aids, you may wear them to the hospital.
- Leave all valuables (jewelry, etc) at home.
- **Please have someone present during your procedure AND available to drive you home after your procedure. You will be sedated and will not be able to drive.**